

Period 1- 09/01/15 to 08/31/16			Total
Personnel	NOTE: Request funds for the fellow up to \$104,000 plus the amount for continuation of coverage if paying into a COBRA plan or health premiums through an NAS plan for \$1,039.46 per month for a family or \$340.69 per month for an individual - EXAMPLE: 1.0 FTE at \$94,000 plus \$7,200 for COBRA = \$101,200	\$101,200	
Other Direct Cost	NOTE: Other direct costs not allowable	0	
Purchased Services	NOTE: Purchased services costs not allowable	0	
Indirect Costs	NOTE: Indirect costs not allowable	0	
			\$101,200
Period 2- 09/01/16 to 08/31/17			Total
Personnel	NOTE: Request for this period may include others at host institution working on post-residency project plus corresponding fringe - EXAMPLE: Personnel amount is \$37,600 at 0.4 FTE for the fellow and \$8,400 at 0.2 FTE for project staff with 30% fringe on combined salary. Request equals = \$59,800	\$59,800	
Other Direct Cost	NOTE: Other directs may include office operations, communications and marketing, travel, project space, etc. - EXAMPLE: Request includes travel for 2 trips of two days/nights based on RWJF's travel costs**. (\$1,200 x 2=\$2,600) and \$700 for office operations (office supplies, printing) and \$700 for leadership development materials for fellow (subscription to journals and periodicals)	\$4,000	
Purchased Services	NOTE: Consultants and contracts	0	
Indirect Costs	NOTE: Indirect costs not allowable	0	
			\$63,800
Grand Total			\$165,000
<p>**When air travel is required, use RWJF's travel cost estimates of up to \$975 for a one-night, one day meeting and \$1,300 for a two-night, two-day meeting. See RWJF Budget Guidelines for breakdown of travel costs.</p>			